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FOOD TECHNOLOGY

This is a sample Food Technology Activity Sheet only. Its main purpose is to show you some of the interesting activities that you can do when you choose this badge. Also, you can use this sample sheet to start doing the badge activities, while your teacher is sending away for the full activity sheet and badge.

If you have completed some of these activities before your full sheet arrives, your teacher can mark this sheet, then transfer the marks to the full activity sheet.

Sample Food Technology Activity Sheet

Rating		Exercises in Food Technology	Teacher's initials and date
2	*	Research career opportunities for Food Technologists (Kaihangarau Kai). Present your findings to include what they do, the skills and knowledge they have and where they might work.	
3	***	Some fruit and vegetables go brown when they are cut and exposed to the air. Find out what causes this and investigate the effect of using a common kitchen acid (e.g. white vinegar) to slow down this browning process. Record your investigation.	
5	*	Find out why preservatives are added to food. Collect some food packets that have the ingredients listed and find out which ones contain preservatives. Make a display to show your findings.	
7	**	What are the issues around genetically engineered food? Write a report which includes the main points and issues and your opinion. Remember to include where you found your information.	
11	***	Find a plain yeast bun recipe, make some buns and then vary the recipe. Try adding gluten flour or extra yeast or extra sugar or leaving them to rise longer etc. Make all your buns the same size, cook them at the same temperature and for the same time. Record which ones rise the most and which ones have a good taste.	

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